



This Week—May 19, 2010  
Dinner with the Seniors  
at the Shirley Doane  
Senior Center

## Programs

Program Coordinator  
Sandy Ott  
[sandyleo@wwt.net](mailto:sandyleo@wwt.net)

Next Week—May 26, 2010  
Amanda Gallagher  
Cancer: prevention,  
awareness, and detection

## ***THIS WEEK.....Community Friendship Dinner***

This week we will be sharing in a fellowship dinner with the seniors at the Shirely Doane Senior Center located at 1412 6th Street East, Menomonie, WI.

Following is a note from Director, Shari Homstad, of the Senior Center taken from their May monthly newsletter.

Dear Friends...

*When I was young, I wondered...*

...Why do older people wear wrinkled clothes, or why does that older lady put her eyeliner right into her eye wrinkles, or why can't my mother keep up with me in Wal-Mart, or why does my father blast that TV volume so loud?

*I'm now beginning to learn the answers to all those questions I had in my youth...*

who has the energy to care about a few wrinkles in our clothes or on our faces, pretty soon we won't be able to see them anyway ☺.

*Just maybe the tradeoff for youth is wisdom and humility...*

... After a lifetime of wrong judgments, *doesn't it feel good not having to have all the answers anymore?*

Heck, I can't even remember all of the questions.

## ***Senior Center Mission***

To help you engage in meaningful community service activities.

To help promote continued growth and development, self-respect, self-confidence, and usefulness; by encouraging your participation in contemporary life; and by stimulating a dynamic public interest in the aging population and recognition of its potential.

To identify experiences which will further the growth and development of senior citizens and lead to new, useful and creative roles in their lives.

To prolong and improve the mental, physical, and spiritual well-being of senior citizens.

To aid senior citizens generally in their social, physical, economic and intellectual needs.

To aid developmentally disabled and handicapped senior citizens generally in their social, physical, economic, and intellectual needs.

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[markl@cfbsi.com](mailto:markl@cfbsi.com)

#### *Vice President*

Bryan Kneeland  
[bkneelan@amfam.com](mailto:bkneelan@amfam.com)

#### *Secretary*

Sandy Ott  
[sandyleo@wwt.net](mailto:sandyleo@wwt.net)

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### ***THE FOUR-WAY TEST***

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?